



Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_



*I have a happy family.*

我有一个幸福的家庭。

*What does he like?*

他喜欢(做)什么?

*He likes playing football.*

他喜欢踢足球。

*What's she like?*

她是个什么样的人?

*She's very kind and helpful.*

她心地善良, 乐于助人。

*Unit 3 I like playing badminton.*



单词练习

*hike*

*hike*

*hike*

*hike*

远足, 徒步

*go hiking*

*go hiking*

*go hiking*

徒步旅行

*go swimming*

*go swimming*

*go swimming*

去游泳

*play badminton*

*play badminton*

*play badminton*

打羽毛球

*play ping-pong*

*play ping-pong*

*play ping-pong*

打乒乓球

实用英语字帖



Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_



go jogging go jogging go jogging go jogging

慢跑

bike bike bike bike

自行车

play tennis play tennis play tennis play tennis

打网球

take a nap take a nap take a nap take a nap

打盹, 小睡

take a walk take a walk take a walk

散步

until until until until

直到

midnight midnight midnight midnight

午夜

popcorn popcorn popcorn popcorn

爆米花

outdoors outdoors outdoors outdoors

在户外

hamburger hamburger hamburger hamburger

汉堡

vegetable vegetable vegetable vegetable

蔬菜

healthy healthy healthy healthy

健康的

实用英语字帖



Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_

stay healthy stay healthy stay healthy

保持健康

health health health health

健康

improve improve improve improve

改善, 提高

memory memory memory memory

记忆

reduce stress reduce stress reduce stress

减轻压力

weight weight weight weight

重量

lose weight lose weight lose weight

减肥

fresh fresh fresh fresh

新鲜的, 精神饱满的

bright bright bright bright

明亮的, 聪明的, 容光焕发的

teenager teenager teenager teenager

青少年

therefore therefore therefore therefore

因此

at least at least at least at least

至少



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句子练习

*Mike plans to go hiking this weekend.*

迈克打算这周末去徒步旅行。

*Kate goes jogging every morning.*

凯特每天早上去慢跑。

*What do you usually do after school?*

你放学后通常做什么？

*I usually play basketball with my brother. It's a lot*

我通常和我兄弟打篮球，很好玩。

*of fun.*

*I like playing ping-pong.*

我喜欢打乒乓球。

*Sleeping is good for our health.*

睡眠对我们的健康有好处。

*A good night's sleep makes us feel fresh and bright.*

良好的夜间睡眠会让我们感觉神清气爽。



名人名句

*1. All things in their being are good for something.*

天生我材必有用。

*2. Failure is the mother of success.*

失败乃成功之母。